

Bike to School Week 2019

23 to 27 September

Bike to School Week is a week-long event designed to showcase the benefits of cycling to school across the UK.

Bike to School Week is a great opportunity to promote the positive impact that an active lifestyle can have on pupils' wellbeing and health

During Bike to School Week we ask teachers to encourage pupils, parents and staff to cycle to school.

Let your parents know you're taking part, invite them to download the free 'Guide to walking, cycling and scooting to school' and to take part in the photo competition for a chance to win a brand new bike from Frog Bikes.

www.Sustrans.org.uk