

Haseltine Newsletter 20th December 2024



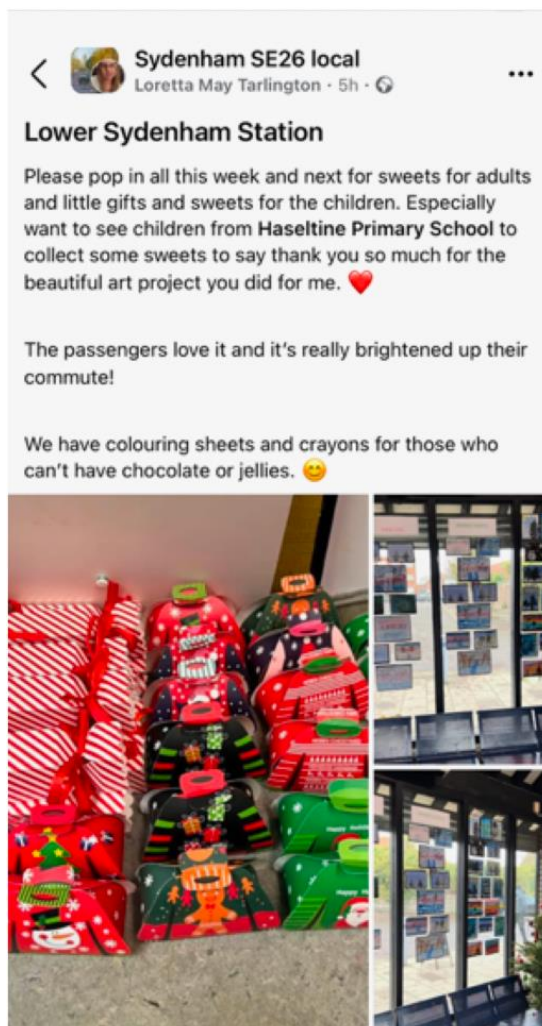
Dear Families and Friends,

This is the last newsletter of 2024. I would like to thank you all for your continued support over the year – you really all make up such a wonderful community to work in, I love my job 😊

What a lovely couple of weeks it has been – starting with our Christmas Fair on the 6th, our performances from all our children across the school and various other festivities which have taken place. Your children have been amazing, and despite the excitement (not to mention also the amount of illnesses going around) they have still managed to achieve so much learning in between everything.

I hope that you all have a very lovely break, a very happy Christmas to those celebrating, and a fantastic New Year! A happy Hanukkah also.

This was spotted on a local forum's Facebook site...





Our Shows:

Thank you all for your support for our shows these last couple of weeks. Thank you for coming, it means so much to your children, and for helping children to learn songs or lines. Thank you too for your support with costumes ☺

Please can I remind you all again, not to post any photos or videos onto social media sites, including WhatsApp. Please do not even text them. It really is so crucial that the children of our school are kept safe, and are kept off the Internet.

Many thanks



I received this email that you may find useful...

Re: NHS Pharmacy First Service – an NHS service being provided by pharmacies across England for children and adults

I am writing to let you know about an NHS service, which is available in Boots pharmacies across England, called the **NHS Pharmacy First Service**.

What is Pharmacy First?

The NHS-funded service enables children and adults to get convenient access to advice and treatment where appropriate for seven common conditions, without the potential delay of having to wait for a GP appointment. Accessing the service may mean that children feel better and get back to school as quickly as possible, as well as supporting parents/carers to also get better if they are unwell with one of the conditions covered under the service. There is no need to make an appointment; parents or carers can pop into their local Boots pharmacy with their child and ask for help under the service.

The service supports with the following conditions for people in the age groups specified below:

- **Earache** (aged 1 to 17 years)
- **Impetigo** (aged 1 year and over)



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- **Infected insect bites and stings** (aged 1 year and over)
- **Sore throats** (aged 5 years and over)
- **Sinusitis** (aged 12 years and over)
- **Uncomplicated urinary tract infections** (UTIs) in women (aged 16 to 64 years)
- **Shingles** (aged 18 years and over)

The person will see a pharmacist in a private consultation room. The pharmacist will provide advice and, if clinically appropriate, offer to supply treatment for the condition*. If treatment is provided, an electronic message will be sent to the person's GP surgery so their health record can be updated.

Should the pharmacist be unable to help, they will direct the person to their GP surgery or other healthcare professional, as appropriate.

With the ever-increasing pressures on the NHS, particularly during these busy winter months, it is important to us, as a community pharmacy, that we do all we can to provide support.

Therefore, we would really like your help in driving awareness of this fantastic service to your parents and carers and to encourage them to think **Pharmacy First**.

To support you with this, we have created the below paragraph you could use in your regular communications, to highlight the service to parents and carers:

NHS Pharmacy First Service

Did you know that the NHS Pharmacy First Service enables children and adults to get convenient access to healthcare advice and treatment where appropriate, for seven common conditions without the potential delay of having to wait for a GP appointment? Accessing the service may mean that we can help children feel better and get back to school as quickly as possible, as well as supporting parents/carers to also get better if they are unwell with one of the conditions covered under the service.

There is no need to make an appointment; parents or carers can pop into their local Boots pharmacy with their child and ask for help under the service.

Support for the following conditions can be accessed under the service, free of charge (unless NHS prescription charges apply):

<u>Common condition</u>	<u>Patient eligibility</u>
Earache	1 to 17 years
Impetigo	1 year and over
Infected insect bites and stings	1 year and over
Sore throats	5 years and over



Sinusitis	12 years and over
Uncomplicated urinary tract	Women 16 to 64 years
Shingles	18 years and over

A summary of the service is available as an [animation](#) and more information can also be found at [nhs.uk/thinkpharmacyfirst](https://www.nhs.uk/thinkpharmacyfirst) as well as at <https://www.boots.com/healthhub/az-services/pharmacy-first>.



The Photographer...

...is in school on Thursday 9th & Friday 10th January, he will be taking individual photos.

At this stage, we aren't sure which classes will be on which days so your child will need to be smart for 2 days running! If your child normally has PE on one of those days – we will make sure that their photo is on the other.

One of our parent governors, James, has volunteered to help out on the Friday afternoon, in order for us to take photos of siblings together. This can only be siblings who attend Haseltine, however.

If you wish for your children to be photographed together, you MUST email us on admin@haseltine.lewisham.sch.uk stating your children's names (first names + surnames) and their classes, by 4pm on Wednesday 8th January.

We will not accept confirmation any other way, I'm afraid - you must email it in, and we will not accept any late emails, you must email by 4pm on the Wednesday.

Lewisham Holiday Programme Food and Fun

Lewisham are providing a varied holiday programme with funding from the Department of Education.

A wide range of providers in Lewisham are supporting the delivery of this programme, offering various fun-packed sessions, including arts, crafts, sports and trips.

There will be free activities and lunches for children and young people who are:

- aged 4 to 16 years (reception to year 11)
- in receipt of benefit-related Free School Meals

Each club will provide:

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- a wide range of exciting activities to suit different ages and personalities
- fun physical activity sessions
- free, nutritious, and tasty food

The programme is provided during Easter, summer, and winter.

Christmas activities schedule

[The Holiday Activities and Food Programme will run during the Christmas school holidays 2024/25.](#)

Year 5/6 parents: this may be useful for your child...



Kooth is an **NHS approved digital mental health platform** providing **free, safe and anonymous support** across the UK and to **10-25-year olds** in Lewisham and South East London.

Young people are able to access the service without referrals or thresholds, and utilise mental wellbeing tools such as 1:1 conversations with a practitioner, self-help activities and pre-moderated discussion boards.

The service can be accessed at [kooth.com](https://www.kooth.com)

Have a fabulous break – we will see you all back in school on Tuesday 7th January (the half term holiday is from 17th – 21st February).

Remember that EVERY day counts – a day of school missed is a day of learning missed!

